



**DRAYTON (ABINGDON)
PARISH COUNCIL**

www.DraytonPC.org

LEISURE AND VOLUNTARY GRANT APPLICATION FORM 2017-18

DETAILS OF APPLICANT:

- | | | |
|----|--|---|
| 1. | Name of organisation/applicant
Contact Details: | Be Free Young Carers
John Tabor
John.tabor@befreeyc.org.uk
01235 838 554 |
| 2. | Position in organisation: | Director |

DETAILS OF ORGANISATION:

- | | | |
|----|---|-------------------------------|
| 3. | State briefly the purpose and objectives of your organisation: | |
| | Be Free Young Carers (formerly South and Vale Young Carers) is a local Oxfordshire charity, based in Didcot, that works with young carers aged 8 to 25 across the South Oxfordshire and Vale area. We support young carers with emotional and practical advice they need to manage the stresses and responsibilities of being a young carer, balancing their caring role with school and with the developmental needs of a child. | |
| 4. | How is your organisation run? | Elected Board of Trustees |
| 5. | How long has your organisation been running? | 23 years, established in 1994 |
| 6. | How often do you have meetings? | Bi-monthly |

DETAIL OF ACCOUNTS:

- | | | |
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| 7. | Do you have a bank/building society account? | YES |
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If YES please give the following details (grants will be paid by BACS where possible):

Account Name:	Be Free Young Carers
Sort Code:	40-52-40
Bank Account Number	00010530
Bank Name and Address:	CAF Bank Ltd., 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ

8. Please attach the most recent balance sheet and statement of audited accounts for your organisation. If you are unable to do so please explain why. (For second and subsequent application these must be provided) 2016/17 accounts attached

DETAILS OF MEMBERSHIP:

9. How many people regularly take part in your organisation activities?
Annually we support over 450 young carers across the Vale of White Horse and South Oxfordshire Districts. This number is increasing year on year; in the last 12 months we have seen 110 new young carers.
10. Of these how many take part (a) as members 15
(b) as recipients 450 (in 2016/17)
11. Give an indication of how many of the members/recipients fit into the following age/gender groups:-
Male 0-16 150 Male over 16 35
Female 0-16 220 Female over 16 45
12. Please give an approximate number of how many members/recipients are residents of Drayton or how many residents of Drayton benefit from your activities:-
During 2016/17 Be Free YC supported 6 young carers and their families in the Parish. These young carers attended 5 trips in 2016/17 and this year, since 1 April, have attended 6 trips.
13. Are there restrictions on membership or participants in your organisation? NO
If YES please give details:
14. Do you charge a fee for membership YES
If YES please state amount: £5.00 a year

DETAILS OF STAFFING:

15. Does your organisation have any staff? YES
If YES (a) are they paid or voluntary? Paid
(b) what do they do? Provide emotional support to young carers, arrange 22 respite trips and activities and 4 training events for young carers each year

DETAILS OF PROJECT:

16. What is the project for which the grant is being sought? (Please give clear details of why the money is needed and how it will be used)
Our support work offers one to one emotional help with each young carer, free fun trips and activities, skills training and liaison with the family. Our independence as a charity is a real advantage in gaining the confidence of young carers to talk openly about the issues effecting them. Be Free Young Carers is the only specialist charity in Oxfordshire supporting young carers.
Our free trips, activities and training help sustain young carers in their caring roles; they give young carers time for themselves, time to socialise, relax, make friends and have some fun in a safe environment away from their caring role. The trips and activities are very popular; we arrange at least 22 trips a year with 25 - 30 young carers on each trip.
Many of the trips are local but on occasion we travel further afield, for example to Harry Potter World, Cotswold Wildlife Park, Cadbury's World and Thorpe Park. Annually in

August we arrange a hugely popular day trip to Bournemouth for young carers with their families; for some this is their annual 'holiday'.

Our first aid and cookery training events improve the skills of young carers in their daily routines, increasing their confidence and ability to cope.

In the South and Vale area it is estimated there are 3,000 young carers, on average, 2 in every classroom. Respite, relaxation and social interaction are vital for young carers to improve their self-esteem and confidence. Many young carers find caring for a family member very stressful and often experience:

- Great feelings of responsibility
- Worries about their parent's health and future wellbeing
- Pressure to bring income into the family
- Guilt at wanting time for themselves
- Physical tiredness, due to lifting or helping their relative or doing lots of housework
- Needing to feed and care for siblings/other family members
- Regularly giving medication or helping with personal care, such as washing and dressing
- Communicating with services or authorities on behalf of their parent
- Coping with a parent's changes in mood, unpredictability or difficulties in parenting
- Having limited or no time for school work or relaxation
- Feelings of embarrassment or shame at having a relative with problems

Young carers often describe their lives as isolated, alone, with few or no friends. They are more likely to be bullied at school, more likely to suffer from depression, are at risk of self-harming, and are vulnerable to substance abuse, grooming and sexual exploitation. Many fail to achieve academically, struggling to balance school work and their caring responsibilities.

Here are some examples of what young carers and their families have said about our respite and training:

- *'I think trips are helpful because you get some time away from family. My sister has Asperger's syndrome and autism. I would be happy to do any activity ... bowling, or just going to the park'*
- *'It made me more aware of what other people do and what I do'*
- *'I felt like I was away from a lot of stress'*
- *'I now know what to do when my Dad falls over'*
- *'what your charity does for our son helps to relieve pressure across the whole family'*

17. What is the total cost of your project? (please attach costings if possible)

The total annual cost of our service is £160,400
(for detailed costings, please see annual accounts attached to this application)

18. How much grant are you seeking?

£375

19. If the total cost exceeds the grant applied for how will the balance be sourced?

Through other fundraising, donations from Charitable Trusts, individuals and community fundraising, grants from District, Town and Parish Councils

OTHER SOURCES OF SUPPORT:

20. What fund-raising events have you undertaken in the last two years?

November 2016 - 'Mic night' event - Oxford

21. Have you approached any other bodies for funding this project? YES

If YES please give details including the level of support given

Awarded:	South Oxfordshire District Council	£24,000
	Other parish contributions	£ 3,250
	Oxfordshire Community Foundation	£40,000
	Charitable Trusts	£15,500
	Community Fund Raising	£ 6,850
	St Helen's Church, Abingdon	£ 3,000
Under consideration:	Charitable Trusts	£75,000
	Children in Need	£98,700
	Oxfordshire Community Foundation	£55,000
	Abingdon Town Council	£ 7,500
	Didcot Town Council	£ 5,500
	Faringdon Town Council	£ 1,600
	Town and Parish Councils	£ 5,000
	Other Sources	£ 5,500
	Community Fund Raising	£30,000

22. Has your organisation previously received a grant from Drayton Parish Council YES

If YES please give details of the date, amount and purpose of all grants received within the last 5 years

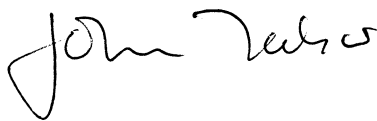
2014 - £350 Support and advice service to residents of Drayton

2013 - £350 Support and advice service to residents of Drayton

2012 - £350 Support and advice service to residents of Drayton

DECLARATION

I apply for grant aid on behalf of the organisation, and that I declare that I undertake on behalf of the organisation that any grant made by the Council, or such part of it as the Council may determine, will be repaid if the facilities cease to be used for the purpose for which the grant was given or it is found that the information given above is not correct.



Signed:

Name (in block capitals):

JOHN TABOR

Date:

22 August 2017

PLEASE ATTACH ANY OTHER DETAILS YOU THINK ARE RELEVANT TO THIS APPLICATION

Please complete and return to:

Mr David Perrow, Clerk to the Parish Council, 12 Loddon Close, Abingdon, Oxon, OX14 3TB