

LEISURE AND VOLUNTARY GRANT APPLICATION FORM 2017-18

DETAILS OF APPLICANT:

 Name of organisation/applicant Contact Details: Gary Hibbins The Abingdon Bridge 19 Bridge Street, Abingdon, Oxon OX14 3HN Tel/fax: 01235 522375 Email: tabcentre@yahoo.co.uk Website: www.theabingdonbridge.org.uk Registered charity number: 1160080

2. Position in organisation (Centre manager)

DETAILS OF ORGANISATION:

3. State briefly the purpose and objectives of your organisation

The Abingdon Bridge (TAB) is a registered Charitable Incorporated Organisation, established in 1994 to offer genuinely independent support to troubled and vulnerable young people aged 13 to 25 in the Abingdon area. We provide free and confidential counselling, information and advice on issues including mental health (anxiety, depression, stress, eating disorders etc.); bullying; substance abuse; anti-social behaviour; gangs and difficult social groups; sexual relationships and abuse; health and any other issues which cause distress to young people.

At The Abingdon Bridge, we employ trained counsellors who are affiliated to the British Association for Counselling and Psychotherapy; (BACP). They all have experience of working with young people in distressing situations. Their work is supervised by a highly experienced Lead Counsellor and the Centre Manager. TAB also employs a Healthy Lifestyles Coordinator, who is also highly experienced. He supports young people who are feeling stuck and want to change their lives for the better. Much of his work is supporting young people who are misusing drugs or alcohol. He also works with groups and supports the local schools with educational workshops.

- 4. How is your organisation run? Elected committee/collective/other
- 5. How long has your organisation been running?

established in 1994

6. How often do you have meetings?

Every six weeks

DETAIL OF ACCOUNTS:

7. Do you have a bank/building society account? YES/NO

If YES please give the following details (grants will be paid by BACS where possible): Account Name: The Abingdon Bridge Sort Code: 30-67-53 Bank Name and Address: Lloyds, Ock Street, Abingdon Bank Account Number 25921160

8. Please attach the most recent balance sheet and statement of audited accounts for your organisation. If you are unable to do so please explain why. (For second and subsequent application these must be provided)

DETAILS OF MEMBERSHIP:

9. How many people regularly take part in your organisation activities?

Through our counselling and healthy lifestyles programme we have supported 135 different young people on a one 2 one basis since April this year. We have also directly worked with 300 different young people through groups and workshops.

| 10. | Of these how many take part | (a) as members |
|-----|-----------------------------|-------------------|
| | | (b) as recipients |

- 11.Give an indication of how many of the members/recipients fit into the following
age/gender groups:-Male 0-16(38)Male over 16(22)Female 0-16(43)Female over 16(32)
- 12. Please give an approximate number of how many members/recipients are residents of Drayton or how many residents of Drayton benefit from your activities: -
- We have directly supported four young people on a one 2 one basis through our counselling service, each young person received 12 counselling sessions at a cost of £480.00 per client. We have also supported 3 young people through our healthy lifestyles programme, each client participated in group work and ongoing one 2 one mentoring from our healthy lifestyles coordinator. This cost will fluctuate depending on how many individual sessions they have as this work is more open ended.
- 13. Are there restrictions on membership or participants in your organisation? YES/NO If YES please give details

| 14. | Do you charge a fee for membership/entrance/participation | YES/NO | |
|-----|---|--------|--|
| | If YES please state amount | | |
| | | | |

DETAILS OF STAFFING:

- 15. Does your organisation have any staff? **YES**/NO
- If YES (a) are they paid or voluntary?

(b) what do they do?

TAB Trustees and Senior Officers - The Trustees of TAB are drawn from the local community, each bringing a particular skill set, and/or contacts, and each with the commitment to help young people in the area. (all voluntarily) They are : -

Chris Bryan (Chair, Former Head of St Birinus Secondary School, Didcot, now a Schools Consultant). Laurie King (Vice Chair), Mike Brown (Treasurer), John 'Dick' Richards (Secretary), Steve Oakes, Trevor Wood and Dr Gill Dean.

Overall Manager is Gary Hibbins. Our clinical lead who heads up our counselling team is Melanie Richards. In addition there are four further part time Youth Counsellors, several volunteers, and a part time fundraiser, all contributing to TAB providing a combination of counselling, healthy lifestyles and basic skills training.

DETAILS OF PROJECT:

16. What is the project for which the grant is being sought? (Please give clear details of why the money is needed and how it will be used)

Through recent consultation with the local community and community partners including the three Abingdon secondary schools; Thames Valley Police; Sovereign Housing; health workers and social services, it's clear that there are many young people who need our support. We are receiving a higher number of referrals from Drayton and the surrounding villages during the past six months. We believe this is down to our social media campaign and our close connections with local schools in the area. We also believe that TAB'S profile has been raised within the village since Gary Hibbins came to join us from the DAMASCUS youth project. We are predicting the number of referrals from the villages to grow even more over the next year.

I therefore believe that the role of our organisation is vital: The Abingdon Bridge transforms the lives of disaffected young people, many of whom have a perception of very low self-esteem and low self-worth.

The money would be used to increase our capacity to see more young people through our counselling services and our healthy lifestyles programme.

17. What is the total cost of your project? (Please attach costings if possible)

Each counselling session costs the organisation $\pounds 40.00 - 12 \text{ x}$ sessions in total costs $\pounds 480.00$ per client. So for example for the four counselling clients we have seen since April, the costs are $\pounds 1920.00 *$ this figure does not include the healthy lifestyles work.

18. How much grant are you seeking?

In order for us to obtain national funding we need to show that we receive local support. Without local finding we cannot obtain the sufficient funds to enable us to be sustainable in the future. We are requesting $\pounds 1000.00$ to go towards directly working with Drayton residents.

19. If the total cost exceeds the grant applied for how will the balance be sourced? From free reserves.

OTHER SOURCES OF SUPPORT:

20. What fund-raising events have you undertaken in the last two years?

In August this year we held a race night at Drayton village hall. We raised £540.00 for TAB and £540.00 for Drayton football club. We also actively fundraise throughout the year.

21. Have you approached any other bodies for funding this project? YES/NO If YES please give details including the level of support given

We are in the process of approaching all parish councils requesting they provide us with local support.

22. Has your organisation previously received a grant from Drayton Parish Council YES/NO

If YES please give details of the date, amount and purpose of all grants received within the last 5 years

TAB last had a grant from Drayton PC in February $2015 - \text{for } \text{\pounds}550$. Mike Brown did the application.

No applications in the last 2 years

DECLARATION

I apply for grant aid on behalf of the organisation, and that I declare that I undertake on behalf of the organisation that any grant made by the Council, or such part of it as the Council may determine, will be repaid if the facilities cease to be used for the purpose for which the grant was given or it is found that the information given above is not correct.

Signed: Gh Name (in block capitals):Gary Hibbins Date:27/10/2017

PLEASE ATTACH ANY OTHER DETAILS YOU THINK ARE RELEVANT TO THIS APPLICATION

Please complete and return to: Mr David Perrow, Clerk to the Parish Council 12 Loddon Close Abingdon, Oxon, OX14 3TB